VoicePrint Practitioners' Webinar

The Listening Profile

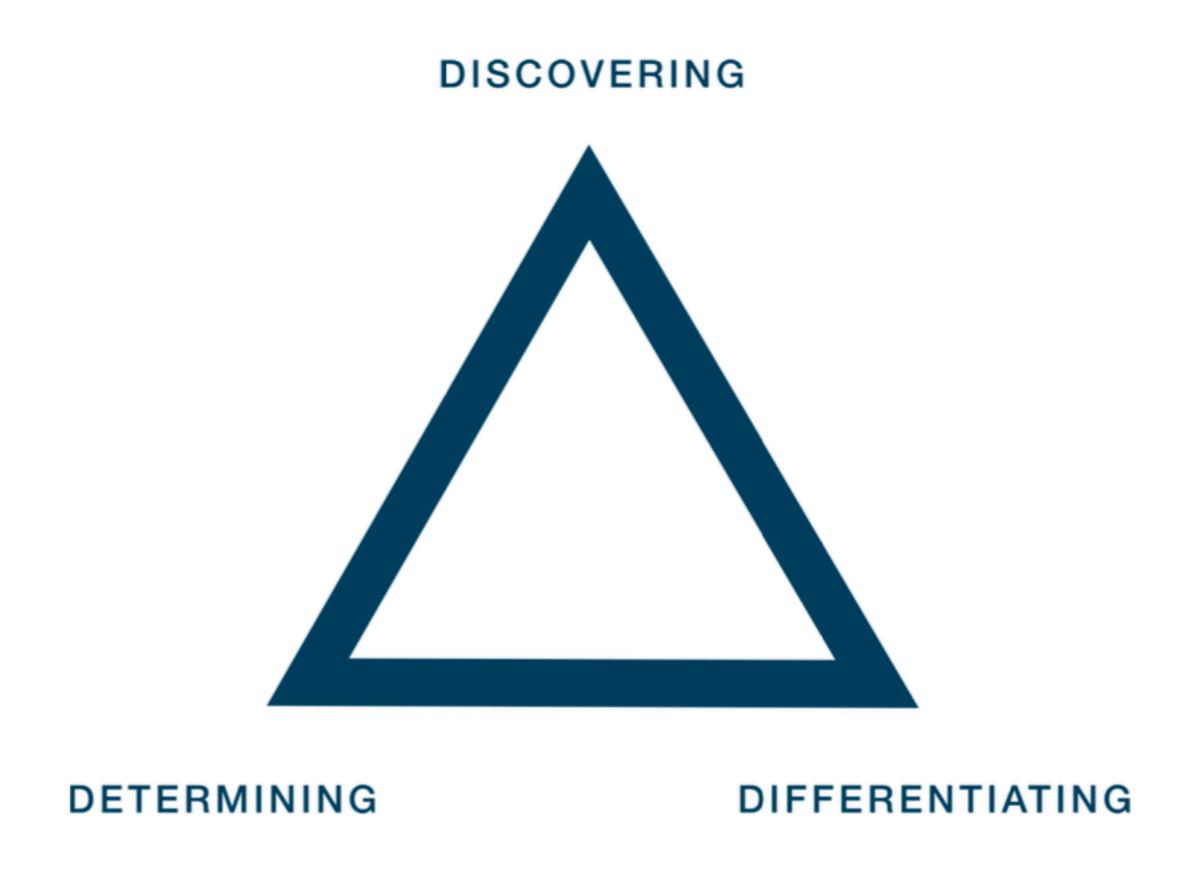
Purpose

By the end of this webinar you will have

- An explanation of why the Listening Profile matters
- An understanding of its format
- An acquaintance with its graphics
- Enough to start using it

It's difficult to give people our undivided attention

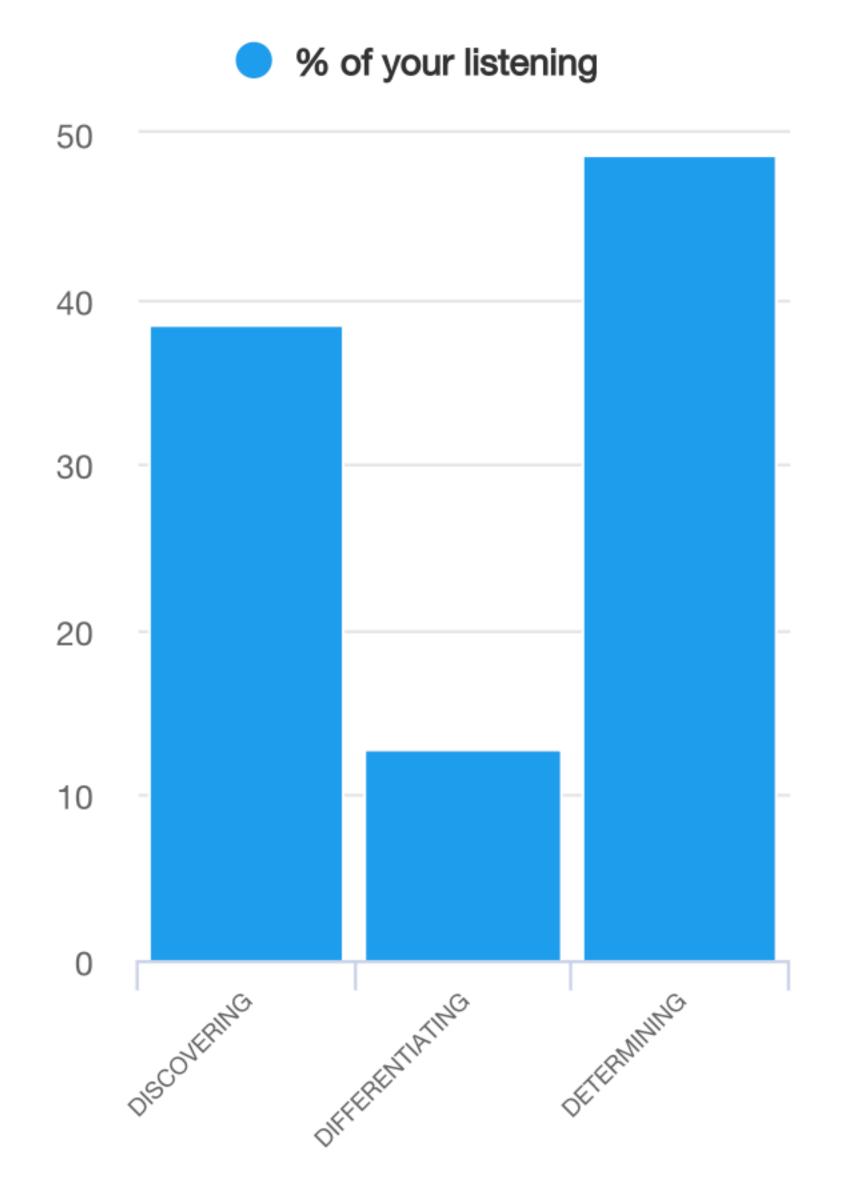
but we can be more aware of where it's going



How this individual divides their attention

A starting point for reflection

Reflective questions throughout the profile report



How that relates to listeners generally

may help to clarify where development might be useful

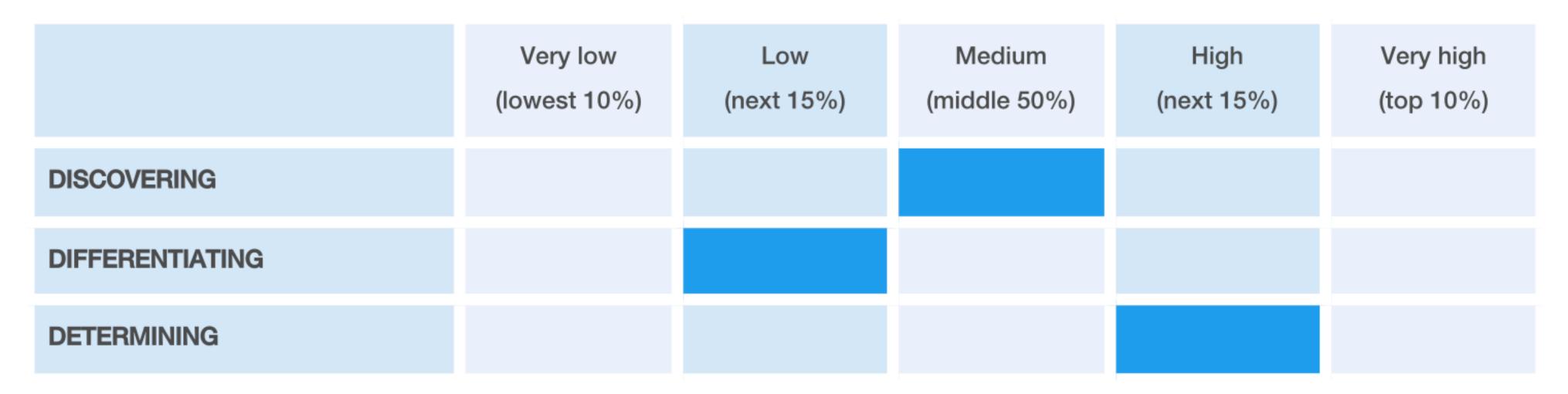
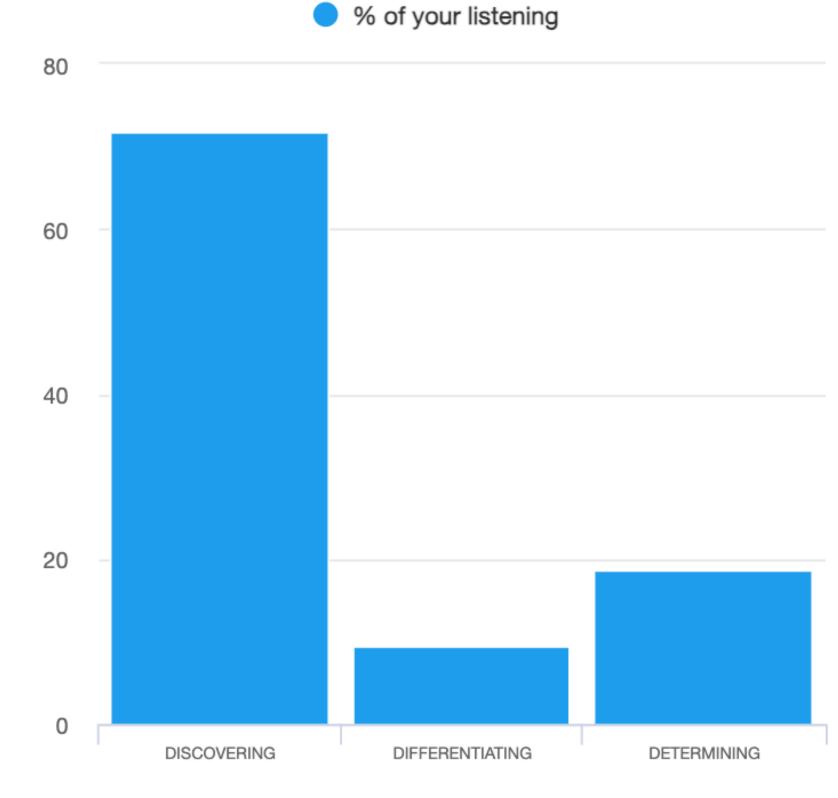


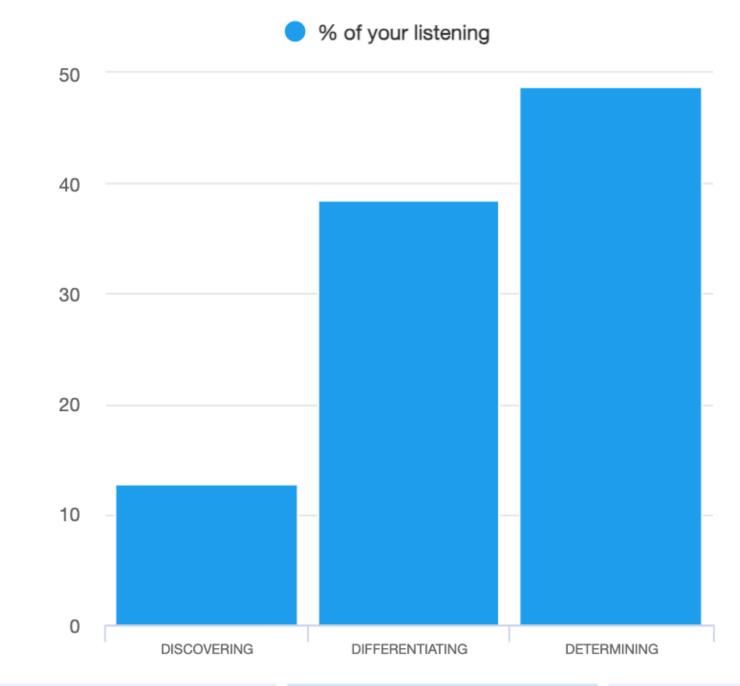
Figure 2: your division of listening by comparison with other people

Individuals are different and for good reasons



	Very low (lowest 10%)	Low (next 15%)	Medium (middle 50%)	High (next 15%)	Very high (top 10%)
DISCOVERING					
DIFFERENTIATING					
DETERMINING					

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DETERMINING					

Hot buttons can hijack our attention

So what triggers this listener? (See Questions 5 & 9)

Your hot button	Triggered by	May impair this aspect of your listening
	Feeling interrogated or overwhelmed. Too much exploration and too little action.	DISCOVERING
	Feeling patronised or talked at. Individuals dominating the discussion.	DIFFERENTIATING
	Feeling criticised or attacked. Being told what to do.	DETERMINING

Figure 3: Sensitivities that may impair your listening

Self-Talk is also calling on our attention

Being aware of how helps us to manage it (See Questions 6 & 7)

Pressure point	Triggered by	May reflect over concern with
	A tendency to be over-analytical and concern with unanswered questions	DISCOVERING
	A tendency to be too concerned with how things are expressed and needing to speak out	DIFFERENTIATING
	A tendency to be self critical and feeling pressure to meet your responsibilities	DETERMINING

Figure 4: potential distractions in your self-talk

Useful clues can be anywhere including the original scores

- 1, 2, 3 very common
- 4, 5, 6, 7 are high
- 0 may be worth exploring

A when I feel interrogated or overwhelmed 0 1 2 3 4 5 6 7 b when I feel patronised or talked at 0 1 2 3 4 5 6 7 c when I feel criticised or attacked 0 1 2 2 3 4 5 6 7 c when I feel criticised or attacked 0 1 2 2 3 4 5 6 7 c when I feel criticised or attacked 0 1 2 2 3 4 5 6 7 c when I feel critic										
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too much exploration and too little action 1 2 3 4 5 6 7	С	too much exploration and too little action	0	1	2	3	4	5	6	7

Another reflective exercise

To sharpen in-the-moment awareness

	Listening	Talking	Talking with others	Talking to myself	Listening to others	Listening to myself
High						
Moderate						
Low						
	Activity		When is it in	nportant for me a	and what's it like?	
	Talking with others	5				
	Talking to myself					
	Listening to others					
	Listening to myself	f				

How does their listening relate to their voices?

(Or is there a better question?)

	Your listening profile	Your voices profile	Your voice tendencies, overall and under pressure (P)							
	%	%		Very Low	Low	Medium	High	Very high	%	
Discovering/Exploring			Probe			Р				
	38	49	Inquire			Р			58	
			Diagnose			Р				
Differentiating/Positioning	13		Articulate			Р				
		34	Advocate		P				38	
			Advise		Р					
Determining/Controlling			Challenge	Р						
	49	16	Direct		Р				4	
			Evaluate	Р						

Which (inner) voices help us to manage our attention?

To use our listening time to good effect

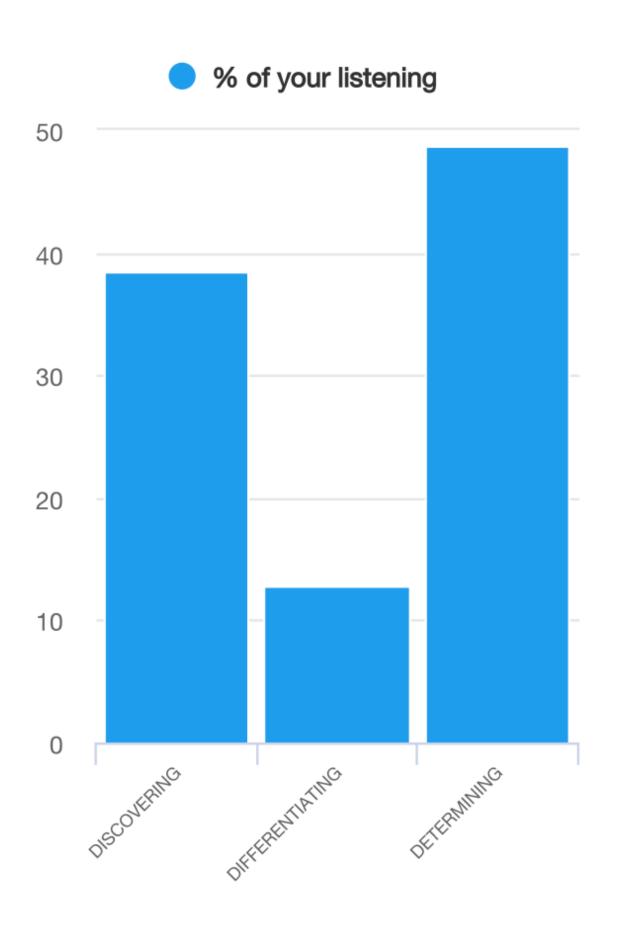
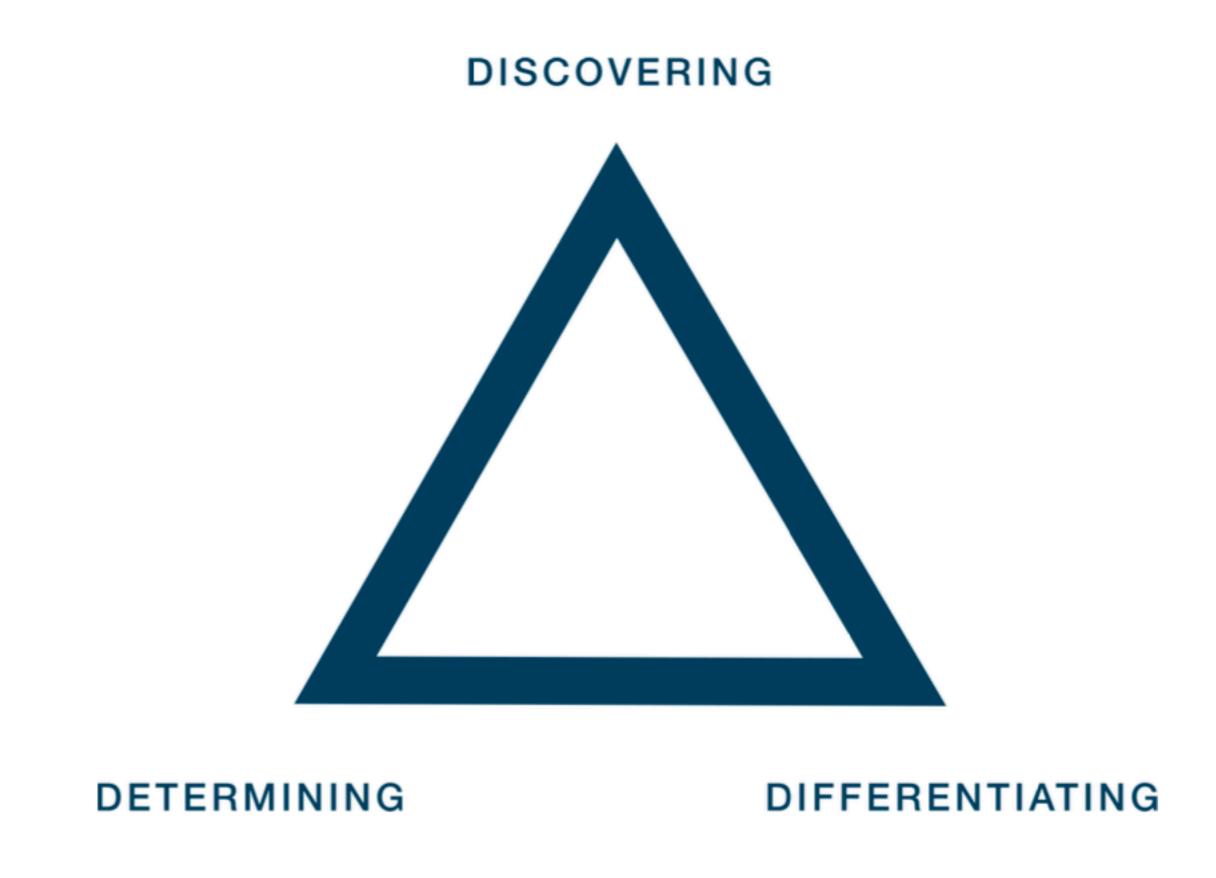


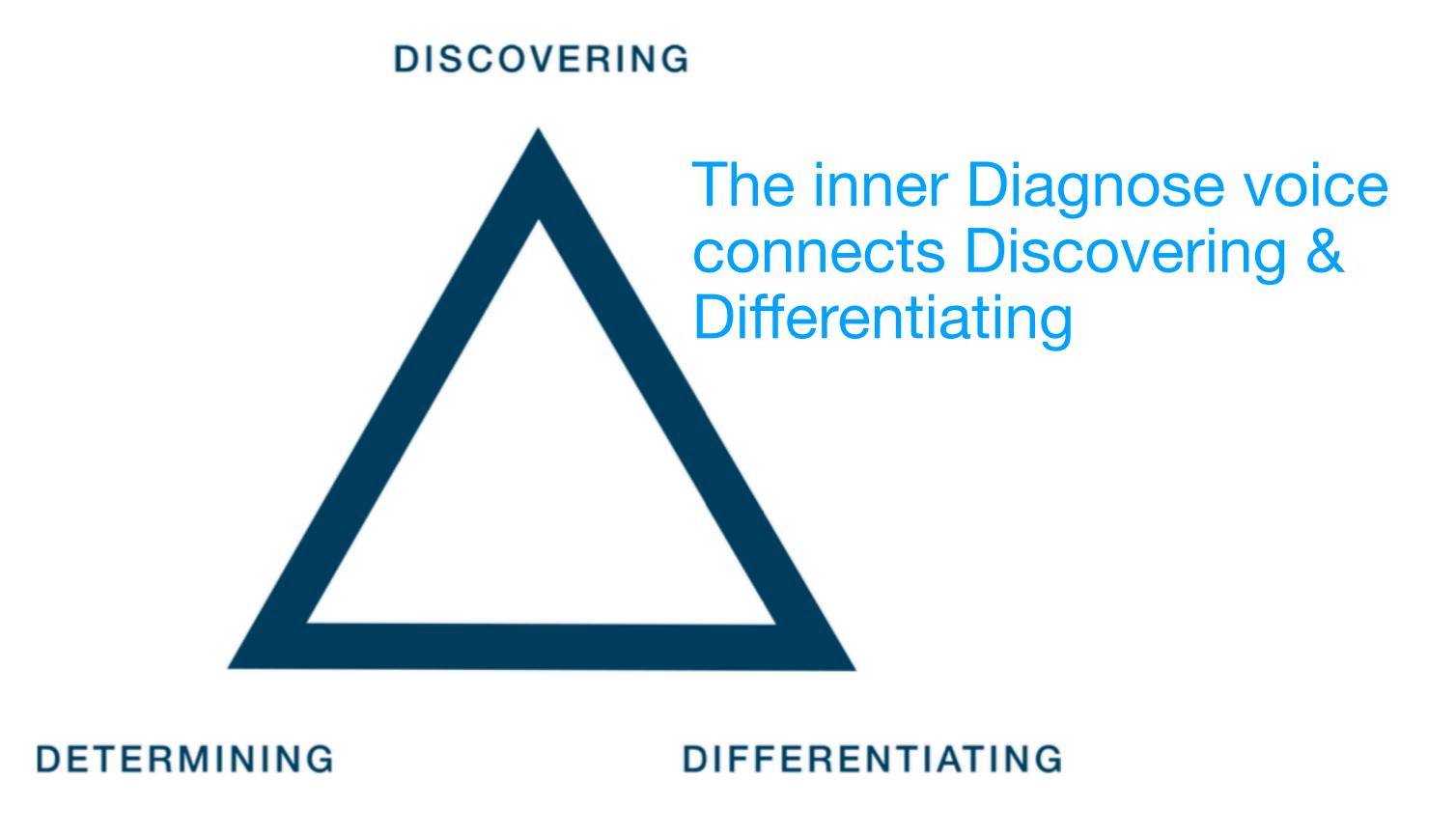
Figure 1: how you currently tend to apportion your attention



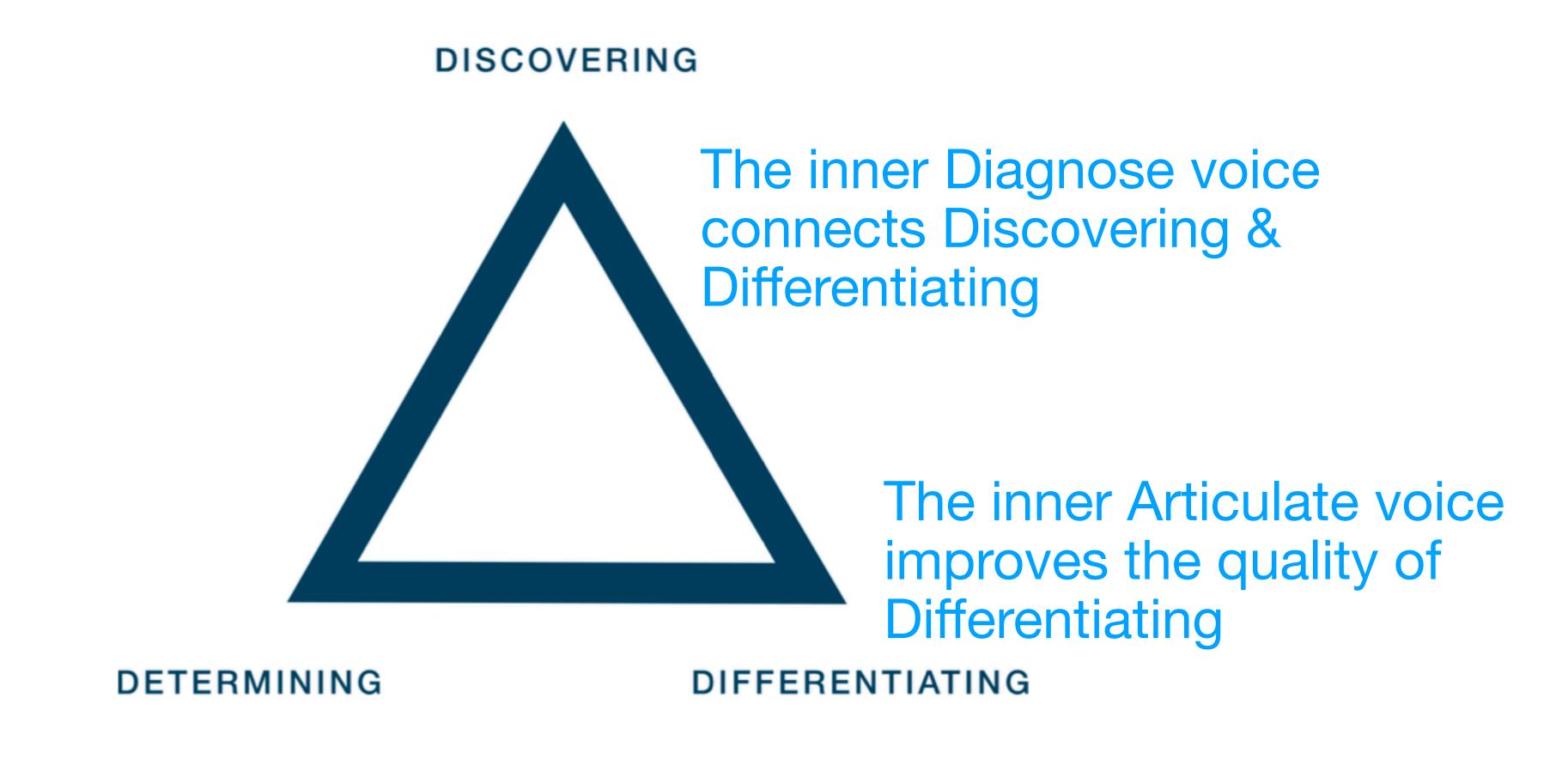
Which ones?



Diagnose...



Diagnose, Articulate...



Diagnose, Articulate, Evaluate...

DISCOVERING The inner Diagnose voice connects Discovering & Differentiating The inner Articulate voice improves the quality of Differentiating DIFFERENTIATING

The inner Evaluate voice improves the quality of Determining

DETERMINING

Diagnose, Articulate, Evaluate and Challenge

DISCOVERING



The inner Evaluate voice improves the quality of Determining

DETERMINING

DIFFERENTIATING

Differentiating

improves the quality of

The inner Challenge voice refocuses our attention

Which (inner) voices help us to manage our attention?

To use our listening time to good effect

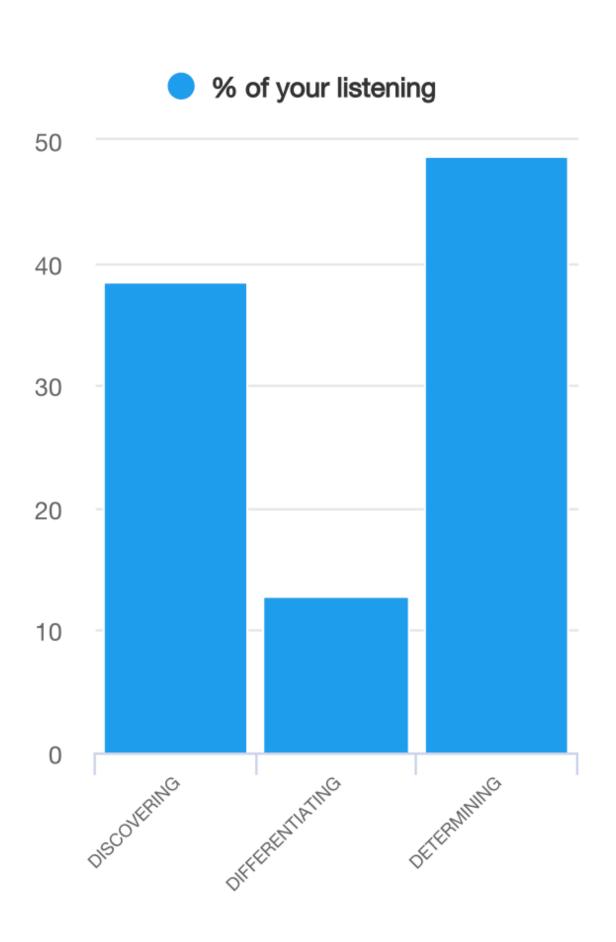


Figure 1: how you currently tend to apportion your attention



Further resources for you

https://talk-wise.com/podcast_episodes/learning-to-listen/



Further resources for you

THE VOICEPRINT LISTENING PROFILE



https://training.voiceprint.global/courses/the-voiceprint-listening-profile/

Coming up next...

VoicePrint Practitioners' Webinar

The Group Profiler