Diagnose
Ways of de-emphasising this voice:

1. Over-analysing is a risk for those who like to diagnose. Limit how much time you allow yourself to spend in this mode.

2. When offering a diagnosis, check with your listeners whether or not they are finding that it is helping to clarify and develop understanding. Diagnosis is digested at the pace of the listener.

3. Beware not to project your interpretations on to others, especially your interpretations *of* others.

4. Invite others to input facts and data which will serve to 'ground' and provide a reality-check on your models and interpretations.

5. Reflect and solicit feedback on whether you have particular 'favourite' models and frameworks which you might be over-using. There is more risk in having too narrow a range of available perspective than in having too many.

6. Use a balance of the 'exploring' modes (Inquire; Diagnose; Probe) to avoid a possible narrowness in understanding situations that may need to be resolved.