

Listening to differentiate

Ways of strengthen this type of listening:

1. As you listen, ask yourself, how does what I'm hearing relate to what I already think, feel or know?
2. What makes what I'm hearing different from my existing views or understandings?
3. How does this compare and contrast with what I or we already have?
4. How might this qualify or finesse what we've already got?
5. What's particularly distinctive or important about what's being said here?
6. Make a note of anything which produces a strong reaction in yourself or other listeners. Rather than reject it, think about why it feels strange or unusual.